

Acknowledgement of Risks and Responsibilities of Members

I acknowledge that in participating in activities organised by the Ballarat Bushwalking and Outdoor Club, I am aware that my participation in these activities may expose me to hazards and risks that could lead to injury, illness or death or to loss of or damage to my property. Those risks include, but are not limited to, slippery and/or uneven rocks, rocks being dislodged, cliffs, exposure to weather and whiteout conditions, falling and hypothermia.

To minimise these risks during activities, I will ensure that:

1. Activities are within my capabilities
2. I carry food, water, equipment and personal first aid, appropriate for the activity
3. I will advise the activity leader if I am taking medication or have any physical or other limitation that might affect my participation in the activity
4. I will make every effort to remain with the rest of the party during the activity
5. I will accept the instructions of the leader of the activity
6. I will carry the Emergency Information Form detailing any critical medical information and person/s who can act on my behalf.
7. I will **not** participate in any club activities if I have Covid or flu like symptoms.

This acknowledgement of risks applies to all club activities I may undertake. I have read and understand these requirements and risks.